

Philosophy & Ethics Long Term Plan 2019- 2020

Year Group	Autumn I <u>Living in the Wider World & Religious Education</u> (8 Weeks)	Autumn II <u>Living in the Wider World & Religious Education</u> (7 Weeks)	Spring I <u>Living in the Wider World & Religious Education</u> (6 Weeks)	Spring II <u>RSE/ Health and Wellbeing</u> (6 Weeks)	Summer II <u>Religious Education</u> (5 Weeks)	Summer I <u>Relationships and Sex Education</u> (7 Weeks)
<p>Year 7: Religious Studies coverage: Christians, Sikh, Buddhist and Muslims</p>	<p>Archbishop Award KS3 Module One Faith (RE)</p> <p>Session 1 What is leadership? -Identify and examine what makes a good leader</p> <p>Session 2 What is Faith and how does it affect people’s lives? -Consider own belief and those of others.</p> <p>Session 3 What’s the Bible got to do with it? -Consider how faith and leadership are influenced by the bible -The leadership of Jesus (New Testament)</p> <p>Session 4 Where does the church fit in?</p> <p>Session 5 -7 (Assess Progress) Explore the life and work of 2 or 3 people from the past (choice of 8 options) -Corrie Ten Boom -Elizabeth Fry -James Clerk Maxwell -Mahatma Gandhi -Martin Luther King -Mother Teresa -Nelson Mandela -William Wilberforce</p>	<p>Archbishop Award KS3 Module One Faith (RE)</p> <p>Session 7-9 Explore the life and work of 2 or 3 people from the present -The Archbishop of York -Bear Grylls -Bethany Hamilton -Andy Hawthorne -Canon Andrew White -J.K. Rowling -Malala Yousafzai -Maro Itoje</p> <p>Session 10 (Assessment M1) The role of charities: Vision into Action -Investigate how charities influence change in our world and put vision into action.</p> <p>Module Two Hope (RE)</p> <p>Session 1 -Transforming Communities</p> <p>Session 2 Team Building Community -What are the foundations of community? -What skills are needed in a team to transform a community?</p> <p>Session 3 Learning to Serve -What does it mean to serve others in a community?</p>	<p>Archbishop Award KS3 Module Two Hope (RE)</p> <p>Session 4 Building Unity in Our Community</p> <p>Session 5 Building Community: Looking after the most vulnerable in our community -How can we help the most vulnerable?</p> <p>Session 6 Planning to Serve -How do we plan for a volunteering project? -Apply the ADARE model to the planning process</p> <p>Session 7 Personal Volunteering Project -Share what you have achieved: personal project</p> <p>Session 8 School Community Project -Plan using ADARE model</p> <p>Session 9 Local Community Project -Plan, organise and prepare for Local Community Project</p> <p>Assessment M2</p>	<p>Managing on- and off-line friendships and relationships</p> <p>Session 1: Families and Relationships -What are the different types of families and does it matter what kind I have?</p> <p>Session 2: Friends and Friendship -How do I maintain genuine friendships and avoid toxic ones?</p> <p>Session 3: Bullying or Banter? -When does banter become bullying? What is and isn’t acceptable?</p> <p>Session 4: Cyberbullying (E-safety) -How can we prevent cyber bullying?</p> <p>The risks of alcohol, tobacco & other substances.</p> <p>Session 1: Introduction to drugs (including non-illegal drugs) -What are the pros and cons of different drugs?</p> <p>Sessions 4: Introduction to Alcohol -What are the harmful effects of consuming alcohol?</p>	<p>The risks of alcohol, tobacco & other substances.</p> <p>Session 5: Alcohol and Peer Pressure -How can peoples’ actions be influenced by their peers especially when it comes to alcohol?</p> <p>Session 2: Assessment Week</p> <hr/> <p>Religious Education</p> <p>What is so radical about Jesus?</p> <p>Session 1: -What was Jesus like?</p> <p>Session 2: -Why was Jesus seen as radical?</p> <p>Sessions 3: -Was Jesus a Pacifist?</p>	<p>Managing puberty & issues of unwanted contact</p> <p>Session 1: Puberty -What can I expect, what’s normal and why does it happen?</p> <p>Session 2: Puberty and Hygiene -How does my changing body need me to take care of it? (includes oral hygiene)</p> <p>Session 3: Understanding Periods -The menstrual cycle and PMS – what do I need to know?</p> <p>Session 4: Healthy relationships -What are healthy and unhealthy relationships and what are the consequences?</p> <p>Session 5: Introduction to the concept of consent -What does consent means, both legally and ethically, and why it is so important?</p> <p>Session 6: Sexting and Nudes (E-safety) -What is sexting and how does it impact me?</p> <p>Session 7: Female Genital Mutilation -FGM – what is it, why is it so serious and what can we all do to help?</p>

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<p>Character, Citizenship and Careers Programme: Week 1 & 2: -Transition to Secondary School -Who do I go to if I need support and help?</p> <p>My Character Booklets: Jubilee Centre Week 3-5 Booklet 1: -Who am I? -Character first, why does it matter? -What are virtues and why are they important? -Self-reflection.</p> <p>Week 6-8 Booklet 2: Having a Dream (Careers) -Inspirational people who had a dream (literacy link) -Who is my hero and why? -What is my Dream and how will I achieve it? -Is it about being good IT or having integrity? -What are my future employers looking for? -Setting my goals.</p>	<p>Character, Citizenship and Careers Programme:</p> <p>My Character Booklets: Jubilee Centre</p> <p>Week 1-3: Booklet 3: Saving for the Future (Economic Wellbeing) -Inspirational people who saved for the future (Literacy link) -How much does it cost? -Am I a saver or a spender? -Am I a risk taker or risk averse? -Why is it bad to get into debt?</p> <p>Week 4-6: Booklet 4: Having Patience -Inspirational people who demonstrate patience (Literacy) - Needs Vs Wants - Willpower and success - Human knot of patience - How much will power do I have and why is it important?</p> <p>Week 7: Reflect on progress so far</p>	<p>Character, Citizenship and Careers Programme:</p> <p>My Character Booklets: Jubilee Centre</p> <p>Week 1-3: Booklet 5: Helping Others -Inspirational people who help us (literacy and RE links) - What does it feel like to really help someone? What can I do to help others? -Why is volunteering important? - What is charity and why does it matter? - What do I do to help others and what more can I do?</p> <p>Week 4-6: Booklet 6: Being Determined (Resilience) -Inspirational people who are determined (Literacy) -The 'Determinator Task'. -Why is it important to be determined? - 'Cans' or 'can'ts'?</p>	<p>Character, Citizenship and Careers Programme:</p> <p>My Character Booklets: Jubilee Centre</p> <p>Week 1-3: Booklet 7: Having Courage (Resilience) -Inspirational people who demonstrate courage (Literacy and RE links) -I'm Scared Task: What do I do? -Times I have shown courage -Peer pressure - Is everyone capable of showing courage?</p> <p>Week 4-6: Booklet 8: Working Together (Careers Skills) -Inspirational people - The ideal team worker is? -Create your own team to run the world -Why is it important to work with others? -What Character Traits do I need to be a good Team member?</p>	<p>Character, Citizenship and Careers Programme:</p> <p>My Character Booklets: Jubilee Centre</p> <p>Week 1-3: Booklet 9: Thinking Creatively -Inspirational people who think creatively (Literacy Link) -Design your own Character logo drawing on what you have learnt and what is important -What will your future look like? Aspirations</p> <p>Week 4-5: Booklet 10: Review your Character and Careers Learning -Predicting my future -Update my character traits Who am I now? -What can I do to develop my character further? - My Character personal statement.</p>	<p>Character, Citizenship and Careers Programme:</p> <p>Careers: -What is the difference between a job and a career? -What kinds of jobs and careers are available in my local community? -What skills do I need to be enterprising?</p> <p>Citizenship: -What makes a British citizen? -How and why is the UK a multi-cultural and multi-faith society? -How can I recognise and challenge stereotypes based on sex, gender, race, religion, sexual orientation or disability?</p>
<p>Carousel - START Sessions (Timetabled in computer rooms) - The Big Question: British Values, Citizenship & RE - Student Voice Tool October: Cancer Awareness Month</p>	<p>Carousel - START Sessions (Timetabled in computer rooms) - The Big Question: British Values, Citizenship & RE - Student Voice Tool 11 Nov Remembrance 11-15 Nov Anti-bullying week</p>	<p>Carousel - START Sessions (Timetabled in computer rooms) - The Big Question: British Values, Citizenship & RE - Student Voice Tool Jan: Cancer Prevention Feb: LGBT History Month</p>	<p>Carousel - START Sessions - The Big Question: British Values, Citizenship & RE - Student Voice Tool 24 Feb-8 Mar: Fairtrade 8 Mar: International Women's 11-17 Mar: Nutrition Hydration</p>	<p>Carousel - START Sessions - The Big Question: British Values, Citizenship & RE Apr: Stress awareness month 30 Apr- 6 May RSPCA Week Ramadan Begins 13-19 May: Mental Health</p>	<p>Carousel - START Sessions (computer rooms) - The Big Question: British Values, Citizenship & RE - Student Voice Tool June: BNF Healthy Living 7-15 Jun: Heart Week</p>

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Year 8: Religious Studies coverage: Christians, Sikh, Buddhist and Muslims	<p style="text-align: center;">Autumn I Health & Wellbeing (8 Weeks)</p> <p>First aid and personal safety Session 1: - What do we need to know about personal safety and basic first aid?</p> <p>Alcohol and drug misuse and managing peer influence Session 2: - How dangerous are drugs and what are the different types of drugs?</p> <p>Session 3: - Drugs, risks and the law; what do I need to know?</p> <p>Sessions 4: - Smoking and vaping. Is smoking really that bad and is vaping a better option?</p> <p>Session 5: <u>Assessment Lesson</u></p> <p>Mental health & emotional wellbeing: body image Session 6: -Is the body perfect an illusion?</p> <p>Session 7: -Are you really you on social media?</p> <p>Session 8: -Why is body talk a bad idea?</p>	<p style="text-align: center;">Autumn II Religious Education (7 Weeks)</p> <p>How can people express spirituality through music and art? Session 1: -What is the point of a sand mandala, a Buddhist art form?</p> <p>Session 2: -What do Muslim artists contribute to the community?</p> <p>Session 3: -How do Christians express beliefs and devotion through visual art?</p> <p>Is death the end, does it matter? Session 1: -What do people believe about life?</p> <p>Session 2: -What do Buddhists believe about life after death?</p> <p>Session 3: -Why do we have funerals?</p> <p>Session: 7: <u>RE Assessment</u></p>	<p style="text-align: center;">Spring I Relationships & Sex Education (6 Weeks)</p> <p>Sexuality and consent Session 1: -What is the difference between sexual orientation and gender identity?</p> <p>Session 2: -When is a relationship no longer healthy and how can it be ended?</p> <p>Session 3: -What is consent and how do we ask for it?</p> <p>Sessions 4: -What is contraception and why is it important?</p> <p>Session 5: -What qualities are required to be a good parent?</p> <p>Session 6: - Legal status or marriage and other forms of relationships. -What is the purpose of marriage?</p>	<p style="text-align: center;">Spring II Relationships & Sex Education (6 Weeks)</p> <p>Tackling racism and religious discrimination promoting human rights Session 1: -What is discrimination and prejudice and how are people protected (the law)?</p> <p>Session 2: -How is the media prejudice towards teenagers and what impact could this have?</p> <p>Session 3: -How are disabled people discriminated against?</p> <p>Session 4: -What is religious discrimination and why is it still happening?</p> <p>Session 5: -Why is racism and stereotyping wrong?</p> <p>Session 6: -Homophobia; how can we stamp it out?</p>	<p style="text-align: center;">Summer II Health and Wellbeing (5 Weeks)</p> <p>Online safety and digital literacy Session 1: -Why must we be so careful with profile settings and social media?</p> <p>Session 2: -What is online grooming and how can we recognise the warning signs?</p> <p>Session 3: -What is acceptable and unacceptable behaviour online? Your digital footprint.</p> <p>Session 4: -What is 'The Fear of Missing Out' and how can this create online stress?</p> <p>Session 5: <u>Assessment Lesson</u></p>	<p style="text-align: center;">Summer I Religious Education (7 Weeks)</p> <p>Does living biblically mean obeying the whole bible? Session 1: -What is a moral code? How do Christians use the Bible to help them to live?</p> <p>Session 2: -Why do some people have a problem with Jesus?</p> <p>Session 3: -What are the gospels and why do they have authority?</p> <p>Does religion help people be good? Session 1: -What good comes of going to a place of worship?</p> <p>Session2: -What codes for living are important to People?</p> <p>Session3: -Does religion lead people to be good?</p> <p>Session 4: -How does Buddhism help people to lead a good life?</p>
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<p>Character, Citizenship and Careers Programme:</p> <p>Understanding Self Week 1: - Self managers Week 2: - Self confidence Week 3: - Self-awareness & Emotional Intelligence Week 4: -Coping with challenges -Knowing when to ask for help</p> <p>Economic Wellbeing and Finance: Week 5-8 -What is the UK minimum wage, income tax and VAT rates? -What deductions are taken from salaries and wages to provide the Government with public money? -How far will my money go and how do I work out my take home wage? -How do I protect myself when buying products on line?</p>	<p>Character, Citizenship and Careers Programme:</p> <p>Employability Skills: Week 1: -What are my aspirations? Week 2: -How can I be a better team member and worker? Week 3: -Why are communication skills so important? Careers and Enterprise: Week 4: -What are the laws and bye-laws relating to young people’s permitted hours and types of employment? Week 5: -What is the link between qualifications and earnings? Week 6: -Where can I access information about jobs and careers locally, regionally, and nationally including labour market information? Week 7: -What does it mean to be an entrepreneur?</p>	<p>Character, Citizenship and Careers Programme:</p> <p>Careers and Pathways in Education:</p> <p>Week 1-6 (options process) -What careers are available? -What qualifications do I require to pursue my ideal career? -What pathway do I need to take? -What skills do I need to develop?</p> <p>Which options should I pick to support my future pathway and career choice?</p> <p><u>OPTIONS PROCESS</u></p>	<p>Character, Citizenship and Careers Programme:</p> <p>Challenging career stereotypes and raising aspirations:</p> <p>Week 1: - Gender roles & stereotypes in the workplace Week 2: - Gender equality/ in-equality: STEM Week 3: - The legal rights and responsibilities regarding equality - How can we challenge stereotypes in our society?</p> <p>Citizenship: Week 4: -What is the role and purpose of democracy and who are the political parties in the UK? Week 5: -How do elections and voting work? Week 6: -How does the legal system and the law work?</p>	<p>Character, Citizenship and Careers Programme:</p> <p>Growth Mind-Set and Character</p> <p>Week 1: -Resilience and dealing with setbacks Week 2: -What is a Growth Mind-set and why is it important to my future? Week 3: -Personal strengths and areas for development: how this affects my mental health Week 4: - How can I learn to learn? Week 5: - What does it mean to be mindful and how can this support me in my future?</p>	<p>Character, Citizenship and Careers Programme:</p> <p>Planning and carrying out an enterprise project.</p> <p>Week 1-7 - Identify a need - Market research - Create a pitch and business plan - Fully budget project with profit margins - Cost resources and purchase - Create product - Market and sell product - Evaluate product</p> <ul style="list-style-type: none"> ✓ Team building ✓ Leadership qualities ✓ Listening skills ✓ Negotiation & cooperation ✓ Organisation ✓ Zest ✓ Curiosity ✓ Grit and resilience ✓ Communication skills
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Year 9: Religious Studies coverage: Christians, Sikh, Buddhist and Muslims	<p style="text-align: center;">Autumn I Health & Wellbeing (8 Weeks)</p> <p>Mental health and ill health, tackling stigma.</p> <p>Session 1: -How can we keep good mental health and deal successfully with stress?</p> <p>Session 2: -What is Depression and how do you deal with a panic attack?</p> <p>Session 3: -What is self-harm and why do people do it?</p> <p>Session 4: -Why does isolation in religion and society happen?</p> <p>Session 5: -What do we mean by 'Hate Crimes'?</p> <p>Session 6: -How can we recognise and prevent eating disorders?</p> <p>Session 7: -Why do people commit suicide and what are the warning signs?</p> <p>Session 8: Assessment: Mental Health</p> <p>Check in/Check Out Assessments</p>	<p style="text-align: center;">Autumn II Religious Education (7 Weeks)</p> <p>Is religion a power for peace or cause of conflict in the world today?</p> <p>Session 1: -What are Sikh views on peace and conflict?</p> <p>Session 2: -What are Muslim views on Peace and conflict?</p> <p>Session 3: -Does religion cause war?</p> <p>Why is there suffering are there any good solutions?</p> <p>Session 1: -How can a good God allow suffering?</p> <p>-Session 2: -How far are humans able to overcome suffering?</p> <p>-Session 3: -How do Christians deal with suffering?</p> <p>-Session 4: What do Buddhists teach about suffering?</p>	<p style="text-align: center;">Spring I Health and Wellbeing (6 Weeks)</p> <p>Gangs, crime and risky behaviour</p> <p>Session 1: <u>RE Assessment</u></p> <p>Session 2: -Why is peer pressure so powerful and how can we overcome it?</p> <p>Session 3: -Anti-Social Behaviour: Why do people do it and what are the consequences?</p> <p>Session 4: -Are gangs really that glamorous?</p> <p>Session 5: -County Lines: What is it and how are people being exploited?</p> <p>Session 6: -How does the law deal with young offenders?</p>	<p style="text-align: center;">Spring II Religious Education (6 Weeks)</p> <p>Should happiness be the purpose of life?</p> <p>Session 1: -What is happiness?</p> <p>Session 2: -Should happiness be the purpose of life?</p> <p>Session 3: -What are religious views on happiness?</p> <p>Do we need to prove God's existence?</p> <p>Session 1: -What's the difference between facts, beliefs and opinions?</p> <p>Session 2: -What do Muslims believe about God?</p> <p>Session 3? -What do Buddhist believe about God?</p>	<p style="text-align: center;">Summer II RSE & Health and Wellbeing (5 Weeks)</p> <p>Assessing the risks of drugs and alcohol abuse and addiction</p> <p>Session 1: -What are positive and negative risks and how can we make better decisions? All connected to drugs, alcohol and aerosol usage.</p> <p>Session 2: -How can we prevent additions, manage additions and help addicts?</p> <p>Managing conflict at home; dangers of running away.</p> <p>Session 3: -How can we better manage family conflicts, breakdown of relationships and illness?</p> <p>Session 4: -Is anything solved by running away from home?</p> <p>Session 5: -Beginning a romantic relationship: How can I identify and ignore pressure statements?</p>	<p style="text-align: center;">Summer I Relationships & Sex (7 Weeks)</p> <p>Sex education including healthy relationships, consent, Contraception and STIs.</p> <p>Session 1: -Consent: What is sexual consent? What does the law say?</p> <p>Session 2: -STI Types and Prevention: What are STIs and what should you do if you are worried you have an STI?</p> <p>Session 3: EXAM WEEK</p> <p>Session 4: -Contraceptives: What are the most contraceptive options?</p> <p>Session 5: -Condom Negotiation: How do I use a condom safely?</p> <p>Session 6: -Unplanned Pregnancy: What are the options available if you have an unplanned pregnancy?</p> <p>Session 7: -Why is pornography so dangerous?</p>
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<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Archbishop Award KS4 Module 1: Basic Training</p> <p>Session 1: Introduction and leadership -What is leadership? -Evaluate Leadership style</p> <p>Session 2: The importance of serving others in leadership -What is servant leadership?</p> <p>Session 3: Bringing change: The role of charities -How are charities change makers in society?</p> <p>Session 4: Personal Growth -Identifying and evaluating personal Leadership and Character skills</p> <p>Session 5: Communicating Effectively Skills Developed:- -Self Awareness -Communication Skills</p> <p>Session 6: Non-Verbal Communication</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Archbishop Award KS4 Module 1: Basic Training</p> <p>Session 7: Active listening Skills Developed:- -Self Awareness -Active listening</p> <p>Session 8: What makes an effective team? -Self Awareness -Co-operation with others</p> <p>Session 9: Learning to Co-operate Skills Developed:- -Co-operation with others -Communication Skills</p> <p>Session 10 Reflection and Moving Forward</p> <p>Session 11 Preparing for Leadership Challenge -Self Awareness -Communication Skills -Active Listening -Co-operation Skills Module 1: Basic Training. Portfolio Update Sessions. Catch Up</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Archbishop Award KS4 Module 1: Basic Training</p> <p>Session 12-13 Preparing for Leadership Challenge -Self Awareness -Communication Skills -Active Listening -Co-operation Skills</p> <p>Session 14 (2 weeks) CHALLENGE ACTION WEEK</p> <p>Session 15 Reflecting on Module One Skills -Self Awareness -Communication Skills -Active Listening -Co-operation Skills</p> <p>Archbishop Award KS4: Module 1: Basic Training. Portfolio Update Sessions. Catch Up</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Archbishop Award KS4 Module 2: Building a Team</p> <p>Session 1 What is conflict and how can it affect your team? -Identifying team roles -Emotional Intelligence</p> <p>Session 2 Emotional Intelligence -Being Self-Aware</p> <p>Session 3 Emotional Intelligence -Helping others resolve conflict</p> <p>Session 4 Team Roles -Delegation</p> <p>Session 5 Leading Versus Managing</p> <p>Archbishop Award KS4: Module 2: Building a Team. Portfolio Update Sessions. Catch Up</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Archbishop Award KS4 Module 2: Building a Team</p> <p>Session 6 Learning to Negotiate effectively</p> <p>Session 7 The Art of Giving Feedback -Constructive feedback and criticism</p> <p>Session 8-10 Preparing for the Leadership Challenge Skills focus:- -Emotional Intelligence -Team Roles -Delegation -Negotiation -Ability to give and receive constructive criticism and feedback.</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Archbishop Award KS4 Module 2: Building a Team</p> <p>Session 11 (2x Weeks) CHALLENGE ACTION WEEK</p> <p>Session 12 Reflecting on Module Two Skills Skills focus:- -Emotional Intelligence -Team Roles -Delegation -Negotiation -Ability to give and receive constructive criticism and feedback.</p> <p>Archbishop Award KS4: Module 2: Building a Team. Portfolio Update Sessions. Catch Up</p> <p>Archbishop Award KS4: Module 2: Building a Team. Portfolio Update Sessions. Catch Up</p>
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Philosophy & Ethics Long Term Plan 2019- 2020

<p>Year 10: Religious Studies coverage: Edexcel GCSE Short Course Christians and Muslims</p>	<p>Autumn I Relationships and Sex (8 Weeks)</p>	<p>Autumn II Religious Studies: Short Course (7 Weeks)</p>	<p>Spring I Health and Wellbeing (6 Weeks)</p>	<p>Spring II Religious Studies: Short Course (6 Weeks)</p>	<p>Summer II Health and Wellbeing (5 Weeks)</p>	<p>Summer I RS: Short Course (7 Weeks)</p>
	<p>Managing Relationships, types of relationships and unhealthy relationships</p> <p>Session 1: -Conflict management: How can we manage and resolve conflict safely?</p> <p>Session2: -Why do people have same sex relationships and what is it like to be in one?</p> <p>Session 3: -Forced and arranged marriages: What do we need to know?</p> <p>Session 4: -Consent, rape and sexual harassment: How can we establish clear sexual boundaries?</p> <p>Session 5: -How can we manage break ups amicably and get over a broken heart?</p> <p>Session 6: -Social media image sharing and the law. What is revenge porn?</p> <p>Session 7: -Teenage Pregnancy: What issues do young parents face?</p> <p>Session 8: -Assessment: RSE</p>	<p>Marriage and the family:</p> <p>Session 1: -What do Christians believe about marriage?</p> <p>Session 2: -What makes a healthy sexual relationship? -What do Christians believe?</p> <p>Session 3: -What makes a family and what different roles are they're in a family?</p> <p>Session 4: -How can the local parish help families?</p> <p>Session 5: -Is family planning, morally right?</p> <p>Session 6: -Should Christians be allowed to get divorced?</p> <p>Session 7: -Does gender prejudice and discrimination exist in the church today?</p>	<p>E-safety, social media and self-esteem</p> <p>Session 1: -Social media: How can we manage the pressures of life online and keeping up with other people?</p> <p>Session 2: -What is body shaming? Is it bullying and why do people do this?</p> <p>Session 3: -How can we protect ourselves from fraudsters and scams?</p> <p>Drugs: Class A, B and C drugs: Risk management and managing addiction.</p> <p>Session 4: -Class C Drugs: Why do people misuse prescription drugs and what are the consequences?</p> <p>Session 5: -Class B Drugs: What are they and why are they so dangerous?</p> <p>Session 6: -Class A Drugs: Can anyone end up addicted and how do we prevent addiction?</p>	<p>Muslim Beliefs:</p> <p>Session 1: -What do Sunni Muslims believe? -What do Shi'a Muslims believe?</p> <p>Session 2: -What is Allah like?</p> <p>Session 3: -Why are the messengers important to Muslims?</p> <p>Session 4: -Which holy books are important to Muslims?</p> <p>Session 5: -Why are angels important to Muslims?</p> <p>Session 6: -What do Muslims believe about pre-destination and life after death?</p>	<p>Risk Taking: Identifying risks and managing risks effectively</p> <p>Session 1: -What are positive and negative risks and how can we make better decisions?</p> <p>Session 2: -Binge drinking, what is it? Is binge drinking really that bad for you?</p> <p>Session 3: -Do we need to worry about body piercings and tattoos?</p> <p>Session 4: -Why is gambling so addictive and how do online gambling sites hook us in?</p> <p>Session 5: -How can we assess and manage the risks of knife crime?</p>	<p>Christian Beliefs:</p> <p>Session 1: -How can there be 1 God with 3 roles?</p> <p>Session 2: -How do Christians believe the world was created?</p> <p>Session 3: -How is Jesus human and holy?</p> <p>Session 4: -What happened during the last days of Jesus life?</p> <p>Session 5: -How can Christians get to heaven?</p> <p>Session 6: -What do Christians believe about life after death?</p> <p>Session 7: -How is evil and suffering a problem for Christians and how do they respond?</p>

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<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Week 1: - Having a goal to focus on during your GCSEs Mindfulness</p> <p>Week 2: - Why is resilience important?</p> <p>Week 3: -Why is having a Growth Mindset important to success?</p> <p>Week 4: - How can I deal with stress?</p> <p>Week 5: -Why is diet, exercise and sleep so important?</p> <p>Week 6: -How can practising mindfulness support me with my exams?</p> <p>Week 7: -What's 'Time management' got to do with it?</p> <p>Week 8: -How much screen time is too much and why is down time important?</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Week 1-7: Revision Programme and how to revise effectively: - Revision techniques explored -Which revision techniques work best for which subjects and for me? - How to write an effective revision timetable - Time management - Managing the workload - Planning in down time</p> <p>Career's Fair</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Weeks 1-6 Evaluating value for money in services - Activities designed to budget for the real world; how do we get value for money? - Cost of living - Financial life skills - How can you reduce your outgoings? - The importance of qualifications -What are the laws and by-laws relating to young people's permitted hours and types of employment</p> <p>Revision Sessions</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Week 1-6: Careers, Goals and Aspirations: My Future - Life is... goals & aspirations - Why University is an option - The benefits of apprenticeships - Writing a CV & personal statement -Interview Techniques - How to get the career of your choice</p> <p>Revision Sessions</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Work Experience OR Work Related Learning Tasks</p>	<p>Tutor Time/ Living in the Wider World</p> <p>Character, Citizenship and Careers Programme:</p> <p>Weeks 1-4: Understanding the causes and effects of debt - Buying on credit - Spending beyond your means - Life without a job - Gambling - Bankruptcy</p> <p>Weeks 5-7: Citizenship: -How is Britain's relationship changing with the EU? -What does it mean to be a global citizen? -Terrorism/Extremism Radicalisation</p>
<p>Carousel - Meet the professionals - START Sessions - The Big Question: British Values, Citizenship & RE - Student Voice Tool October: Cancer Awareness Month</p>	<p>Carousel - Meet the professionals - START Sessions - The Big Question: British Values, Citizenship & RE - Student Voice Tool 11 Nov Remembrance 11-15 Nov Anti-bullying week</p>	<p>Carousel - Meet the professionals - START Sessions - The Big Question: British Values, Citizenship & RE - Student Voice Tool Jan: Cancer Prevention Feb: LGBT History Month</p>	<p>Carousel - Meet the professionals - START Sessions - The Big Question: British Values, Citizenship & RE - Student Voice Tool 24 Feb-8 Mar: Fairtrade 8 Mar: International Women's 11-17 Mar: Nutrition Hydration</p>	<p>Carousel - Meet the professionals - START Sessions - The Big Question: British Values, Citizenship & RE Apr: Stress awareness month 30 Apr- 6 May RSPCA Week Ramadan Begins 13-19 May: Mental Health</p>	<p>Carousel - Meet the professionals - START Sessions (computer rooms) - The Big Question: British Values, Citizenship & RE - Student Voice Tool June: BNF Healthy Living 7-15 Jun: Heart Week</p>

Year 11: Religious Studies coverage: Christians and Buddhists	<p style="text-align: center;">Autumn I Health & Wellbeing (8 Weeks)</p> <hr/> <p>Gangs, crime and risky behaviour Session 1: -Anti-Social Behaviour: Why do people do it and what are the consequences? Session 2: -Are gangs really that glamorous? Session 3: -County Lines: What is it and how are people being exploited? Session 4: -Why do teenagers get involved with knife crime and what are the consequences? Session 5: -Why does isolation in religion and society happen? Session 6: -What do we mean by ‘Hate Crimes’? Session 7: -Personal safety: Why do acid attacks happen and what can we do if we witness this crime? Session 8: -How does the law deal with young offenders? Check in/ Check out</p>	<p style="text-align: center;">Autumn II Religious Education (7 Weeks)</p> <hr/> <p>Why is there suffering are there any good solutions? Session 1: <u>Assessment</u> for Autumn I:Gangs, crime and risky behaviour Session 2: MOCKS WEEK Session 3: MOCKS WEEK Session 4: -How can a good God allow suffering? Session 5: -How far are humans able to overcome suffering? Session 6: -How do Christians deal with suffering? Session 7: -What do Buddhists teach about suffering?</p>	<p style="text-align: center;">Spring I Sex & Relationships (6 Weeks)</p> <hr/> <p>Sex education including healthy relationships, consent, Contraception and STIs. Session 1: -Consent, rape and sexual harassment: How can we establish clear boundaries? Session 2: -STI Types and Prevention: What are STIs and what should you do if you are worried you have an STI? Session 3: -Contraceptives: What are the most effective contraceptive options? Session 4: -Condom Negotiation: How do I use a condom safely? Session 5: -Unplanned Pregnancy: What are the options available if you have an unplanned pregnancy? Session 6: MOCK CORE Assessment: RSE <u>Check in/Check out</u> Assessment</p>	<p style="text-align: center;">Spring II Health & Wellbeing (6 Weeks)</p> <hr/> <p>Mental health and ill health, tackling stigma. Session 1: -How can we keep good mental health and deal successfully with stress? Session 2: -What is Depression and how do you deal with a panic attack? Session 3: -What is self-harm and why do people do it? Session 4: -How can we recognise and prevent eating disorders? Session 5: -Why do people commit suicide and what are the warning signs? Session 6: -What is mindfulness and how can it help us with our mental health and issues at home?</p>	<p style="text-align: center;">Summer I Health & Wellbeing and Relationships (5 Weeks)</p> <hr/> <p>Risk , Prejudice and Change Session 1: -What are positive and negative risks and how can we make better decisions? Session 2: -How can we prevent additions, manage additions and help addicts? Session 3: -Why is racism and stereotyping wrong? Session 4: -What is homophobia and how does it affect people’s lives? Session 5: -How do we manage tough times? Change grief and bereavement.</p>	
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